



Under Armour® Project Rock Over-Ear Training Headphones

– Engineered by JBL®

Over-Ear ANC Sport Headphones



Ultimate focus for the hardest workers.

UA Project Rock Over-Ear Training Headphones are tested and approved by Dwayne Johnson himself, built to help you grind harder—with Adaptive Noise Cancelling for ultimate focus, and a durable sweatproof construction. Washable Superverb ear cushions stay dry, and UA Storm Super Grip provides maximum stability. JBL Charged Sound is tuned to maximize motivation, and Bionic Hearing features TalkThru Technology for talking to training partners, and Ambient Aware Technology to hear surroundings. Give voice assistants quick commands and customize your sound with the JBL app. With up to 45-hours of playtime and a hardshell case there's nothing that will hold you back.

Features

- ▶ Adaptive Noise Cancelling
- ▶ Rugged Durability
- ▶ Rock-tuned JBL Charged Sound
- ▶ UA Fabric Technology
- ▶ Bionic Hearing
- ▶ Bluetooth® wireless
- ▶ Hands-Free Voice Commands
- ▶ Up to 45-hour Speed Charge Battery
- ▶ Fast Pair
- ▶ UA MapMyFitness
- ▶ Auto Play and Pause





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Features and Benefits

Adaptive Noise Cancelling

Eliminate distractions for ultimate focus.

Rugged Durability

Rubber and metal finishes create a rugged design with an IPX4 rating built to withstand sweat and the toughest workout.

Rock-tuned JBL Charged Sound

Bold sound tuned for sport with rich bass built for the grind. Customize your sound EQ settings with the all new JBL app.

UA Fabric Technology

Featuring two of Under Armour's unique fabric technologies, UA Storm Super Grip maximizes stability, and SuperVent delivers breathability in a durable, fast-drying cushions that are easily removable and hand washable.

Bionic Hearing

With just a touch, Bionic Hearing allows you to hear your surroundings with two sound technologies. With TalkThru Technology, music is lowered and speech is amplified for quick conversations between sets. Ambient Aware delivers a more immersive music experience with increased ambient sound for safety outdoors.

Bluetooth® wireless

Easy-to-connect Bluetooth® technology delivers cable-free, zero-distraction performance.

Hands-Free Voice Commands

Never miss a rep with hands-free voice control. Play your favorite workout playlist or text your training partner with Hey Google or Amazon Alexa. Use the all-new JBL App to easily set your preferred voice assistants. Activate ANC, check the battery life, or power off your headphones simply with your voice with Hey Google.

Up to 45-hour Speed Charge Battery

Wireless sound that lasts long and recharges quickly. Speed Charge gets you 2 hours of workout time on just 5 minutes charge, and Type-C charging gets you fully charged headphones in just 2 hours.

Fast Pair

Hassle-free pairing with your device.*

* Android 6.0 or above supported devices.

UA MapMyFitness

12-Month Premium Membership included.

Auto Play and Pause

Your music automatically goes on hold when you remove your headphones and starts playing again when you put them back on.

What's in the box:

- 1x UA Project Rock over-ear training headphones
- 1x Utility case
- 1x USB Type-C cable
- 1x Aux cable
- 12-Month UA MapMyFitness™ Premium membership
- 1x Brahma Bull Sticker
- 1x QSG/Safety sheet/Warranty card/Warning sheet

Technical Specifications:

- ▶ Driver size: 40mm/1.57" dynamic driver
- ▶ Power supply: 5V, 1A
- ▶ Weight: 294g/0.65 lbs
- ▶ Battery type: Polymer lithium-ion (610mAh/3.7V)
- ▶ Charging time (USB-C): < 2 hrs from empty
- ▶ Music playtime with BT on and ANC off: 45 hrs
- ▶ Music playtime with BT on and ANC on: 35 hrs
- ▶ Frequency response: 20Hz – 20kHz
- ▶ Impedance: 32 ohm
- ▶ Sensitivity: 102dB SPL@1kHz/1mW
- ▶ Maximum SPL: 92dB
- ▶ Microphone sensitivity: -20dBV@1kHz/Pa
- ▶ Bluetooth version: 5.0
- ▶ Bluetooth profile version: HFP V1.7, A2DP V1.3, AVRCP V1.6
- ▶ Bluetooth transmitter frequency range: 2.4 – 2.4835GHz
- ▶ Bluetooth transmitter power: <9dBm EIRP
- ▶ Bluetooth transmitter modulation: GFSK, π/4 DQPSK, 8DPSK
- ▶ Maximum operation temperature: 45°C



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